

## Lesson 5: How can inclusion promote diversity?

### Learning Objective

- To examine the theme of inclusion in the Olympics.

### Skills Objectives



Problem-Solving - I can identify relevant information from extended explanations or presentations when solving problems



Problem-Solving - I can use various reference materials and appropriate resources for different purposes

**Outcomes:** Young people will understand the value and importance of the Paralympics. Young people will be able to explain how inclusion can further promote Diversity in the context of sport.



### National Curriculum - SMSC

Encourage students to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.

Further tolerance and harmony between different cultural traditions by enabling students to acquire an appreciation of and respect for their own and other cultures.

Time	Teaching Content
40 min.	<p>Introduce the golden quote for this session and discuss its meaning: <b>“Diversity is the one true thing we all have in common.... Celebrate it every day.”</b> Winston Churchill</p> <p>Start the session by watching a short video about two contrasting characters: day and night. QAR Code 1</p> <p>Explore how Day and Night were different and how they produced the best results by working together. Use Day and Night Venn diagram to compare and contrast themes—answers to be recorded on display.</p>

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Time	Teaching content
40 min.	<p>Recap on the previous week's learning and the Olympics. Revisit Derek Redmond's injury that prevented him from being able to complete his race and recall the courage he showed to defy this.</p> <p>How do we make sure everybody gets an opportunity to be included despite physical difficulties? Brainstorm as a class. Record answers on display. Questions also might include: What physical difficulties do people have that prevent them from taking part in sports?</p> <p>Introduce the Paralympic games. Look at the Paralympic logo and motto. The log symbol reflects the Paralympic Motto, "Spirit in Motion," representing the strong will of every Paralympian. The Paralympic symbol also emphasises that Paralympic athletes constantly inspire and excite the world with their performances, always moving forward and never giving up.</p> <p>QAR Code 2 -watch from 5.46 onwards. Para- comes from Greek, meaning ""alongside, beyond; altered; contrary; irregular, abnormal,"</p> <p>Research the Paralympics and why these were formed. Key questions:</p> <ul style="list-style-type: none"><li>• When did the Paralympic games begin?</li><li>• Who can participate?</li><li>• How often do they happen?</li><li>• What is the list of games in the Paralympic?</li><li>• Who are famous Paralympians, what are their sport, and what country are they from?</li></ul> <p>Young people to research in pairs of groups and present in one of the following ways:</p> <ul style="list-style-type: none"><li>• An information leaflet about the Paralympics</li><li>• A poster/advert promoting the next Paralympic games to inspire people to watch these</li><li>• A mini-documentary about the Paralympics will be presented to the rest of their class. Within the class, share the above presentations and information and discuss.</li></ul>

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40 min.	<p><b>Cross-curriculum learning opportunity</b></p> <ul style="list-style-type: none"><li>• Opportunity to host mini-Olympic games within the class, year group or wider school.</li><li>• In teams, research a country that the group will represent.</li><li>• Learn about the country's national anthem and the meaning of the anthem.</li><li>• During the games, young people can be encouraged to come dressed ready to represent their country and participate in a parade to display this before the games begin.</li><li>• Extension: Young people prepare their artistic representation of day and night coming together.</li></ul>

### Resources

1		Day and Night By Pixar
2		The Olympics   Olympic Facts For Kids   Sports   Made by Red Cat Reading

# Lesson 5: How can inclusion promote diversity?

1

## Inclusion and Diversity



### Lesson 5



2

#### Activity 5: How can inclusion promote diversity?

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3

*"Diversity is the one true thing we all have in common.... Celebrate it every day."*

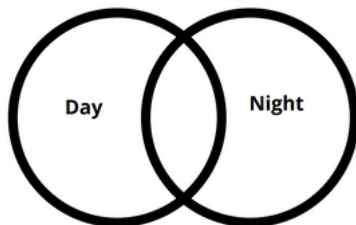
**Winston Churchill**

4

## Day and Night.

5

### Day and Night



6

*How do we make sure everybody gets an opportunity to be included despite physical difficulties?*

7



8

## The Para - Olympics

