

## Lesson 4: How can sporting events connect us together?

### Learning Objective

- To explore how sporting events unite and connect people from around the globe

### Skills Objectives



Problem-Solving - I can identify relevant information from extended explanations or presentations when solving problems



Problem-Solving - I can use various reference materials and appropriate resources for different purposes

**Outcomes:** Young people will understand the significance of the Olympic games and how this includes countries worldwide. young people will reflect on the importance of resilience and courage.



### National Curriculum: History




Ancient Greece – a study of Greek life and achievements and their influence on the western world

Time	Teaching content
5mins	<p>Introduce the golden quote for this session:  <b>“Don’t put a limit on anything. The more you dream, the further you get.”</b>                      Michael Phelps and discuss its meaning—recap on what we have learnt about diversity and inclusion thus far.</p> <p>What are major sporting events around the world?</p>
5mins	<p>Watch the Don't Worry Be Happy Song. QAR Code 1                      Play the video straight through without stopping. The first 7 min video is fast.</p>
15mins	<p>Repeat the video, and stop many times to discuss the content to ensure students have heard the information.</p> <p>QAR Code 2 - Derek Redmond video - The greatest moment in History .                      For the main activity, please choose a task from the list below:                      Research about the Olympic games – there may be a prior understanding of this for young people who have studied Ancient Greece as part of a topic in History.                      What are the Olympic games? Who participates? What do the Olympic rings represent? Why is the torch significant?</p>

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Time	Teaching content
35 min.	<p data-bbox="331 331 1008 371">Watch: The Olympic Facts For Kids QAR Code 3</p> <p data-bbox="331 439 1501 528">Discuss the benefits of the Olympics to athletes, communities, nations, and the world. Add ideas to the brainstorm from the beginning of the lesson.</p> <p data-bbox="331 595 1501 685">How do the Olympic games include different parts of the world and celebrate a range (diversity) of sports?</p> <p data-bbox="331 752 804 792">Choose from the activities below</p> <ul data-bbox="351 860 1501 1509" style="list-style-type: none"><li>• Could you talk about why Derek wasn't able to complete the race? Why did his father encourage him to finish? What can we learn from this?</li><li>• In the character of Derek Redmond, write a diary entry before and after the race. In the second diary entry, include a reflection about what advice you would give to others if they find themselves in the same situation.</li><li>• There is a further opportunity to develop these diary entries into a hot seating activity to further question Derek's emotions at crucial points during this event.</li><li>• Alternatively, the emotions can be explored by reviewing the story through drama, with groups representing the story as freeze frames and depicting different stages.</li><li>• Students can work in small groups to prepare questions for Derek and his father. The teacher acts as Derek, and students interview Derek.</li></ul> <p data-bbox="331 1576 1501 1778">This can also be done through the father's perspective and any of the spectators who would have been watching around the globe. This would further demonstrate that people worldwide, even supporters of other nations for the Olympics, would have shared empathy and encouragement.</p> <p data-bbox="331 1845 1501 1980">Repeat this for Derek's father, spectators or other athletes. Students role-play in their small groups. (Questions can be provided if students are unable to form their own and they select questions from a bank of questions).</p>

## Resources

1		Don't Worry Be Happy (Bobby McFerrin)   Playing For Change   Song Around The World
2		The greatest moment in Olympic history? Derek Redmond
3		The Olympics   Olympic Facts For Kids   Sports   Made by Red Cat Reading

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## Inclusion and Diversity





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#### National Curriculum

**History** Ancient Greece - a study of Greek life and achievements and their influence on the western world

*"Don't put a limit on anything.  
The more you dream, the further  
you get."*

**Michael Phelps**

**Don't Worry Be Happy Song**

## The Olympic Games

### Derek Redmond's inspirational 400m Race at Barcelona 1992

**Write a diary entry before the race.**

Dear Diary,  
Today is the day I have been preparing for.....

Dear Diary,  
Things did not go as planned.....

**Write a diary after the race reflecting on what happened and what advice would you give others?**