

### Lesson 3: How Can I Plant a Garden?

#### Learning Objective

To discuss how to plant a garden.

#### Skills Objectives



Teamwork - I can work with others.

**Outcome** Young people are beginning to learn how to enhance nature in a local area. They can explain what they need to do to plant a garden.



**National Curriculum:** Science - Young people should use the local environment throughout the year to explore and answer questions about plants growing in their habitat. Where possible, they should observe the growth of flowers and vegetables that they have planted.

Time	Teaching Content
40 min.	<p>Again, this session should ideally take place in nature, on the school ground. If this is not possible, then planting in flower pots or on a path around the classroom/school ground can do.</p> <p>The aim of the session is for pupils to look at the nature found in school/ near the school and identify ways this nature could be enhanced by growing a garden. School teachers should decide with the school community/leaders what is best to grow before leading this session. The following planting projects could be carried out:</p> <ul style="list-style-type: none"> <li>• planting a vegetable patch</li> <li>• planting a fruit orchard with small fruit trees</li> <li>• planting a wildflower path to attract pollinators</li> <li>• learning how to grow flowers and vegetables in pots</li> <li>• plant in a greenhouse</li> </ul> <p>The teacher will need to teach the skills to plant a garden. This may include looking at:</p>

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- the tools needed
- the seeds
- how to choose a suitable area
- how to plant

We recommend focusing only on where and how to plant in this session, as this will be enough learning to engage with.

# Lesson 3: How Can I Plant a Garden?

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## HOW CAN I PLANT A GARDEN?



Key Stage 1  
Activity 3

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### LEARNING OBJECTIVE:

To learn how to plant a garden.

### OUTCOMES

By the end of the session, children will be able to explain how to plant seeds, and why it is important to look after nature in their school. They will also be able to explain why wildflowers are important for bees and other pollinators.

National Curriculum: Science - Young people should use the local environment throughout the year to explore and answer questions about plants growing in their habitat. Where possible, they should observe the growth of flowers and vegetables that they have planted.



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### WHAT NATURE CAN I FIND IN MY SCHOOL?

Have you got...

- a green area?
- trees?
- a growing area with pots?
- flowers?



THINK ABOUT THE THINGS YOU COULD BE GROWING IN YOUR SCHOOL?

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### DID YOU KNOW?

WILDFLOWERS are great for pollinators such as bees, butterflies or even wasps! They help those communities of insects to survive and thrive.



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### GROWING A VEGETABLE PATCH

Growing your school's vegetable patch can be a great way to help you and other pupils try new vegetables you have not tried before.


You can grow vegetables directly in the soil or in pots or larger planting container.

You'll need to check that they have enough water and sunlight exposure, and that the snails do not eat them all!



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### A GREENHOUSE



Some schools have built a greenhouse to keep special plants all year long. Inside the greenhouse, the temperature stays warm as the sunlight is reflected through the windows.

Miniature greenhouses can also be installed in the classroom to help you look after your small plants.

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### PLANTING IN POTS

Planting in pots is the easiest way to start planting if you have not got a piece of land to use.

The pots have to be large enough to contain the plants that will grow. You'll also need a saucer to collect the water when you are watering it. Your teacher will help you with this.



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### PLANTING A TREE

Planting a tree is an amazing thing to do. If you plant a tree you will:

- Help to create oxygen in the area.
- Give a new home to birds.
- Help other plants to grow and connect to the tree underground.
- Create some shade on hot days.



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### PLAN YOUR PLANTING PROJECT

Your teacher will tell you what your planting project can be done.

To plant you will also need to have some gardening tools such as a spade, a rake and some gardening gloves.

