

MY SOCIAL ACTION PASSPORT

Key Stage 5

"It doesn't matter your background
or where you come from. If you have
dreams and goals, that's all that
matters."

SERENA WILLIAMS

Professional Tennis Player

26 September 1981

Name

School

The #iwill Fund is made possible thanks to a £54 million joint investment from The National Lottery Community Fund and the Department for Digital, Culture, Media and Sport (DCMS) to support young people to access high-quality social action opportunities. Ormiston Trust acts as a match funder and awards grants on behalf of the #iwill Fund.

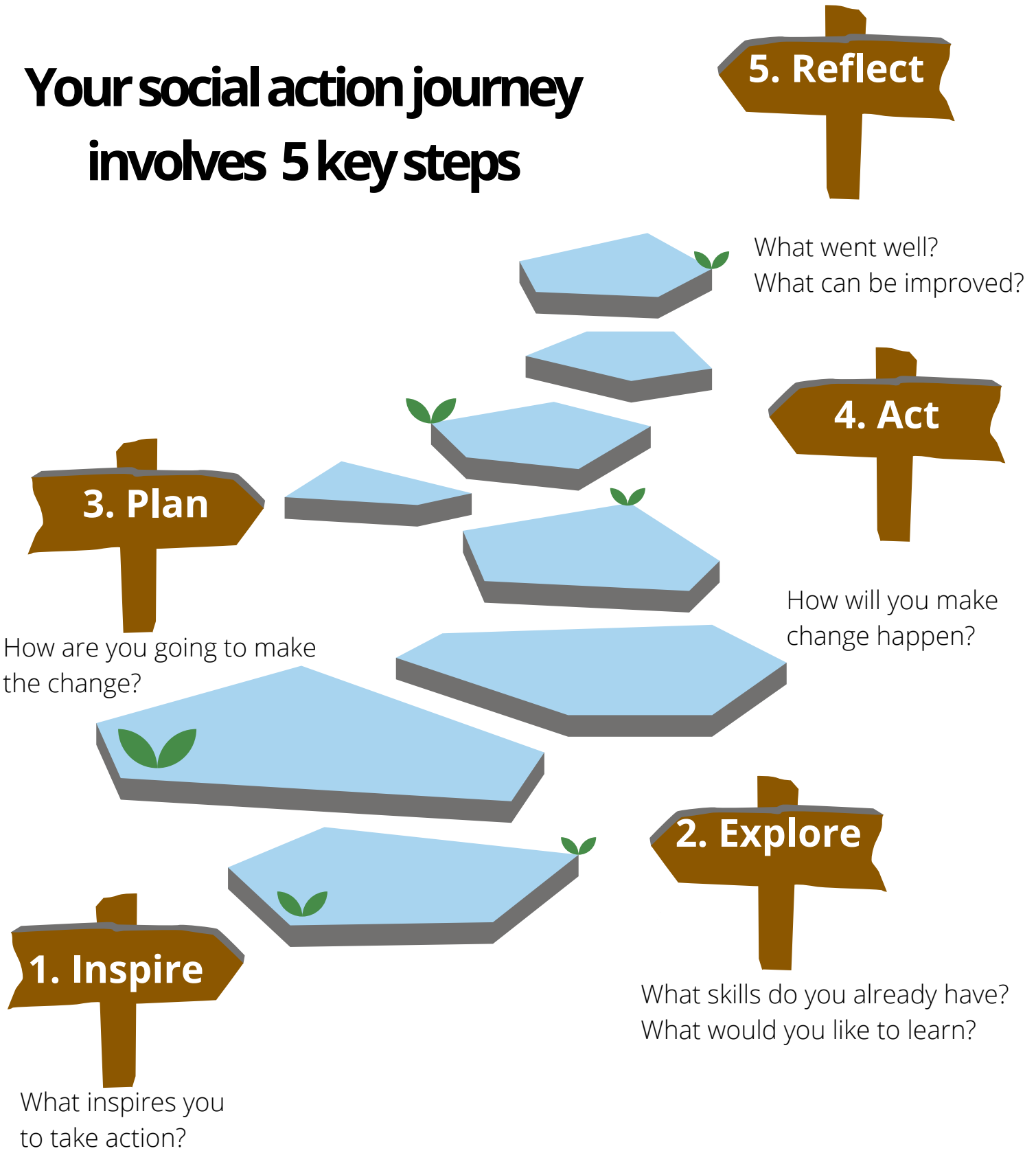


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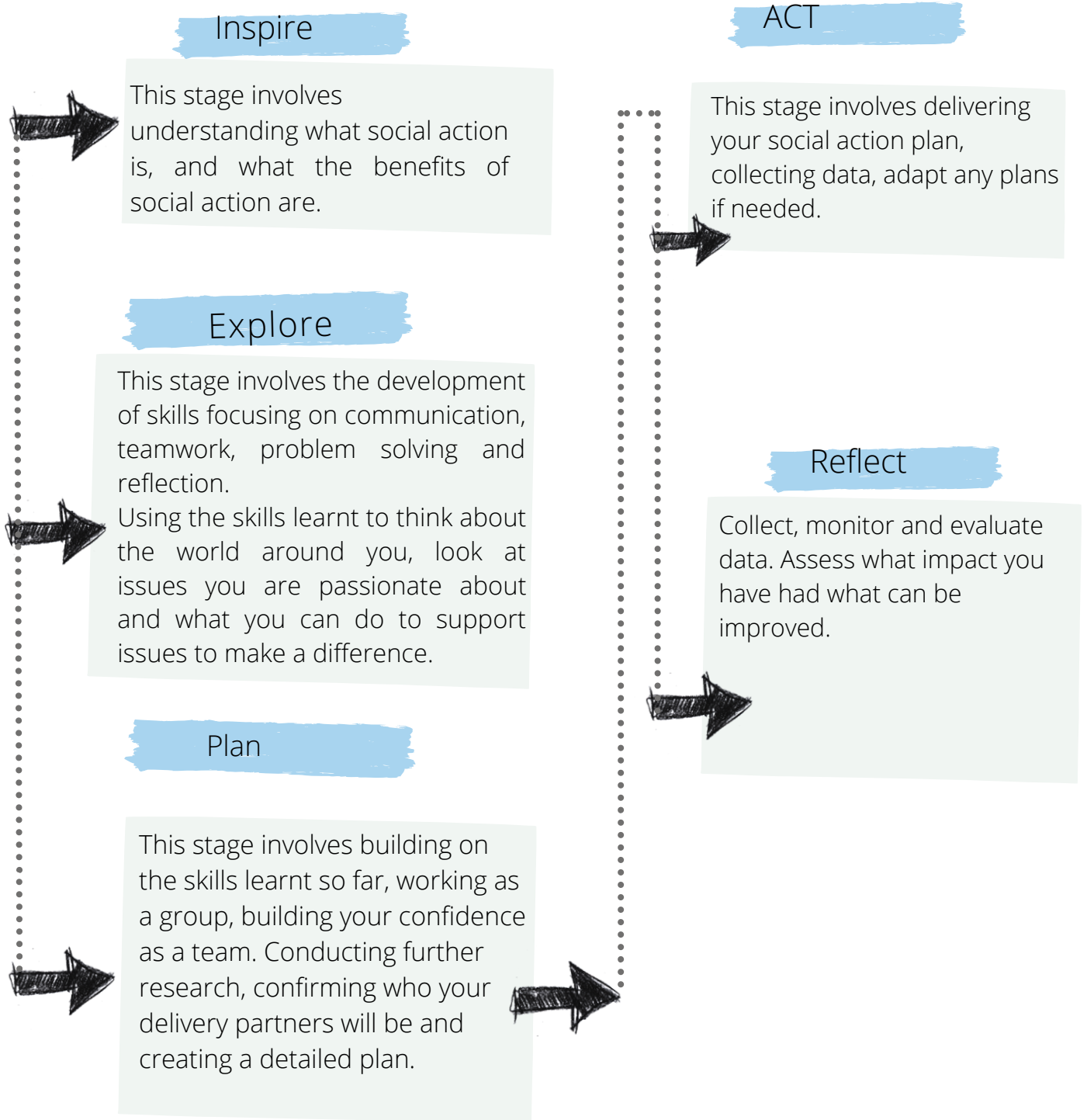
Your social action journey involves 5 key steps



"Be the change you wish to see in the world."

Mahatma Gandhi

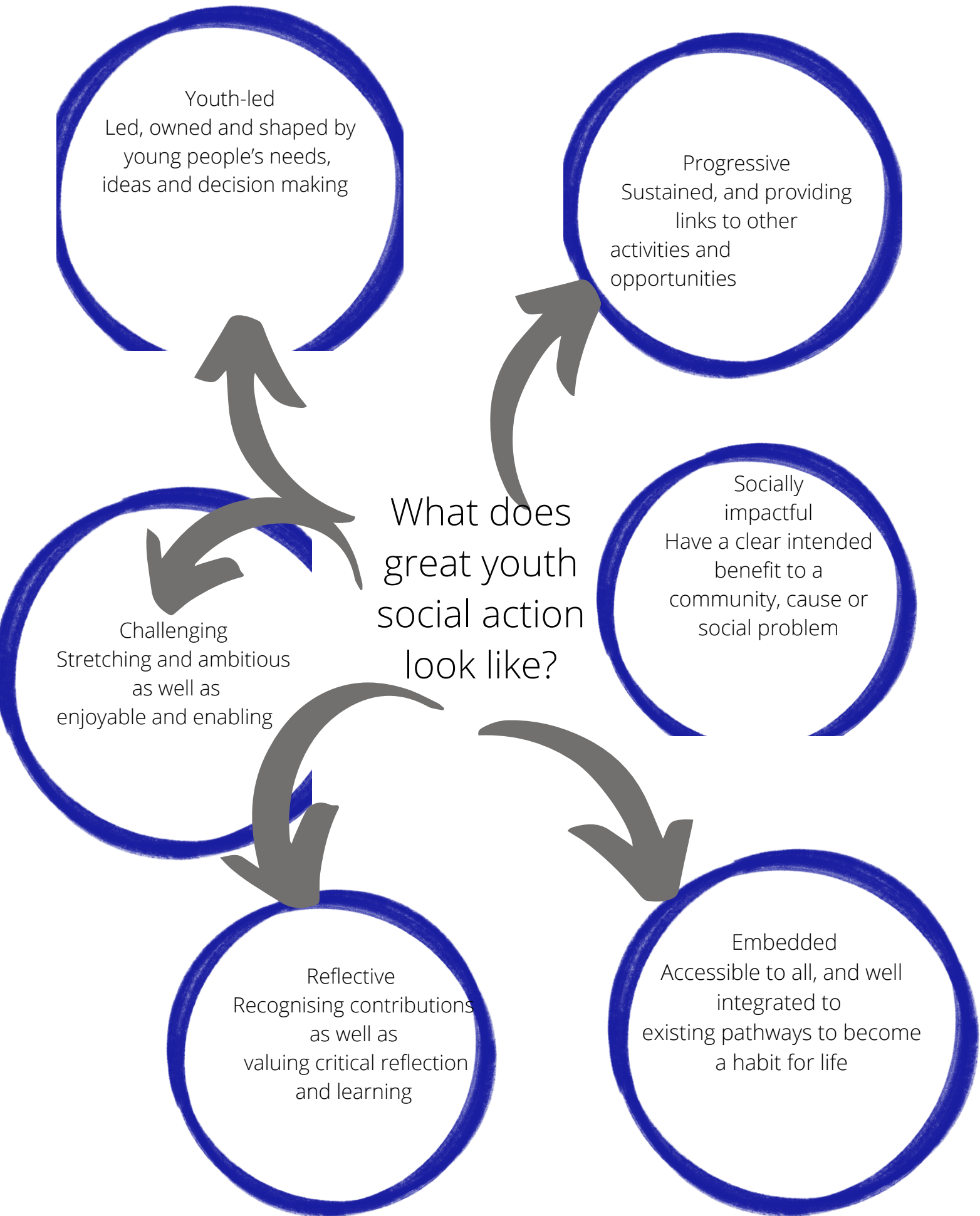
SOCIAL ACTION PROCESS



The following process will help you learn the relevant skills needed to participate in a YSA project successfully.

"The passport allows you to reflect on your progress through the project, providing you with a strong structure to guide you through the project."

Hollie Young Advisor - Toolkit and Skills.



DURING YOUR SOCIAL ACTION JOURNEY, YOU WILL BE FOCUSING ON THE FOLLOWING SKILLS

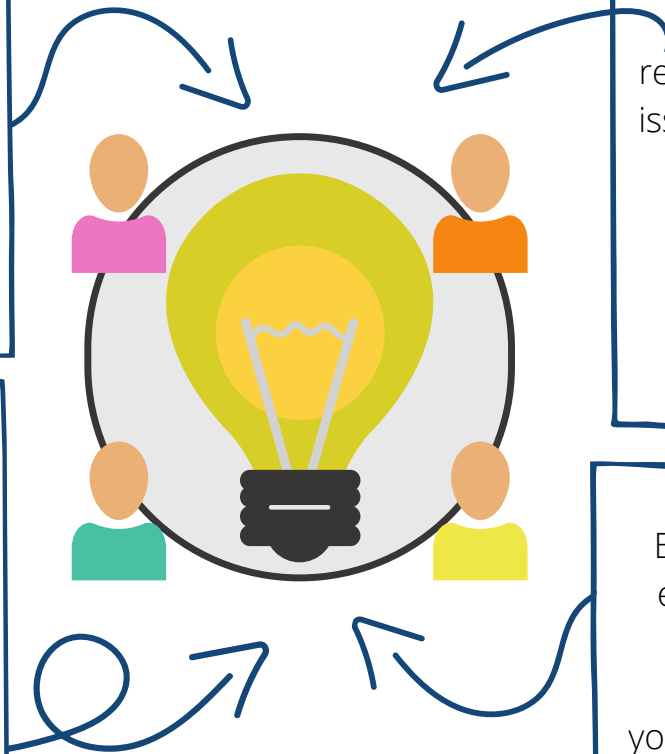
Effective communication is the ability to communicate to a range of different audiences, contribute towards discussions, debates, in a formal and informal way.

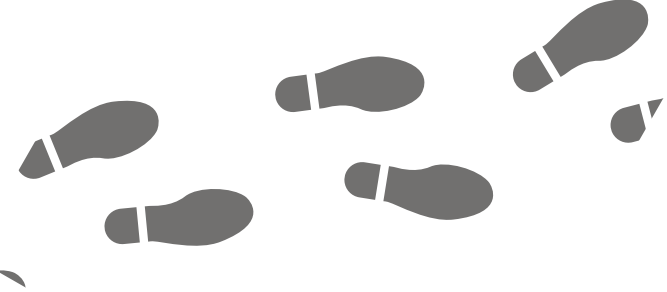
Effective teamwork is working confidently with others, adapting to different contexts, and taking responsibility for your own part. Forming collaborative relationships, resolving issues, and agreeing to work towards outcomes.

Effective problem solving is the ability to process and evaluate investigations, planning what to do and how they will go about doing this.

They make informed and well-reasoned decisions, recognising that others have different beliefs and attitudes.

Effective reflection is evaluating your own strengths and limitations, setting yourself realistic targets with an end goal. You are able to monitor your own performance and progress, inviting feedback from others and making changes to further your learning.





The 'inspire' stage involves understanding what social action is and the benefits to you and others.

"I really like setting and reviewing targets."

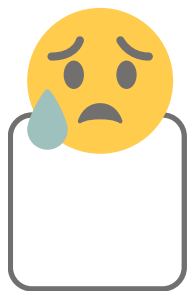
Alex -Young Advisor - Toolkit and Skills. Gateway Learning Community

Before you start your project, how do you feel about these skills?

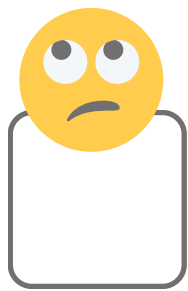


	Not at all confident	Slightly confident	Somewhat confident	Fairly confident	Completely confident
How would you rate your communication skills?					
How would you rate your problem-solving skills?					
How would you rate your teamwork skills?					
How would you rate your reflection skills?					

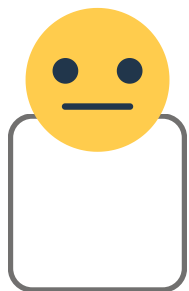
How do you feel about starting your social action journey? (place tick in the box)



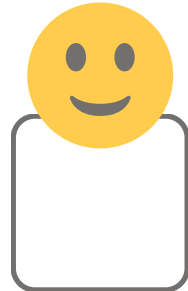
Not at all confident



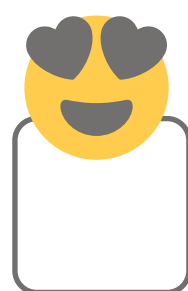
Slightly confident



Somewhat confident



Fairly confident



Completely confident





Fun Fact!

me

What is your favourite word.	
A contest you once won.	
What do you want people to remember about you?	
What is your favourite place in the world?	
What is one thing you've learned that you wish you could tell your younger self?	
What is your favourite type of cuisine?	
The ONE feature you'd add to Instagram/TikTok if you were put in charge of that.	
If you could only watch one movie or television show for the rest of your life, what would it be?	
What is your favourite ice cream flavour?	
What is the most unusual pet you've had?	



My Goals

Before starting the project, please set yourself the goals you would like to achieve at the next stage.

<p>S SPECIFIC</p> <p>What do I want to happen?</p>	
<p>M MEASURABLE</p> <p>How will I know when I have achieved my goal?</p>	
<p>A ATTAINABLE</p> <p>Is the goal realistic and how will I accomplish it?</p>	
<p>R RELEVANT</p> <p>Why is my goal important to me?</p>	
<p>T TIMELY</p> <p>What is my deadline for this goal?</p>	

Research Tips



What are Research Skills?

Research skills help us answer our most burning questions and assist us in our solving process from A to Z, including searching, finding, collecting, breaking down, and evaluating the relevant information to the phenomenon at hand.

1. Define your research according to the topic of your Social Action

2. Break down the topic

3. Avoid plagiarism

- Plagiarism is a major issue when it comes to research and is often misunderstood. You'll need to understand plagiarism, and if you need clarification, please ask a staff member.
- Give credit - Respect the rights of others and avoid plagiarising by properly citing your research sources.

4. Look at questions from a variety of perspectives

- It's highly beneficial to practice effective reading, and there is no shortage of ways to do it. Ask yourself questions using a variety of perspectives, putting yourself in the mind of someone else and trying to see things from their point of view.
- Many critical reading strategies can be useful, such as making summaries from annotations and highlighting important passages.
- Ask the right questions. The ability to ask the right questions will get you better search results and more specific answers to narrow down your research and make it more concise.
- Dig deeper: Analysing - Don't just go for the first source you find that seems reliable. Please always dig further to broaden your knowledge and make sure your research is as thorough as possible.
- Could you check your sources?

5. Utilise tools

- There are endless tools, such as useful websites, books, online videos, and even on-campus professionals, such as librarians, that can help. Use all the many social media networks to gain and share more information for your research.
- Could you evaluate your sources? While there are endless sources, it's important always to assess your references and ensure they are reliable, based on various factors such as their accuracy and bias, especially if used for research purposes.

6. Summarising

- Summarising plays a huge role in research; relevant information needs to be arranged accordingly once the data is collected. Otherwise, it can be incredibly overwhelming.

Practise your research skills!



"People who save lives or help improve the lives of others are the true role models of today."

Write an article for a newspaper in which you argue your view about what makes a good role model.

"Do, or do not. There is no try" Yoda, Star Wars, 2008

As part of your social action journey, you will be focusing on your teamwork, communication, problem-solving and reflection skills.

To what extent do you agree or disagree with the following statements?

	 Strongly disagree	 Disagree	 Neither agree or disagree	 Agree	 Strongly agree
I understand the importance of self-reflection					
I understand the importance of communication					
i understand the different aspects of good communication: reading, writing, speaking and active listening.					
I understand the importance of teamwork and how to work as part of a team.					
I understand the process of solving problems.					
I understand what the PEEL method is and how I can apply this.					
I can set SMART targets.					
I can reflect on my progress and identify areas for development.					

Use the space below to respond to the questions:

Do you understand what Youth Social Action is?	
Do you understand the skills you will be focusing on?	

Self Review



"No one can win all the time but you have to learn from all you - do both successes and failures." **Micheal Sachs**

<p>A Achieved</p> <p>Things I have achieved/ I am proud of:</p>	
<p>L Lessons Learnt</p> <p>Important lessons I have learnt so far</p>	
<p>I Improve</p> <p>Things I can improve</p>	
<p>R Remember</p> <p>What I need to remember</p>	



2. Assess

This stage involves the development of skills focusing on communication, teamwork, problem solving and reflection.

Using the skills learnt to think about the world around you, look at issues you are passionate about and what you can do to support issues to make a difference.

My Goals



Before starting the project, please set yourself the goals you would like to achieve at the next stage.

S
SPECIFIC

What do I want to happen?

M
MEASUREABLE

How will I know when I have achieved my goal?

A
ATTAINABLE

Is the goal realistic and how will I accomplish it?

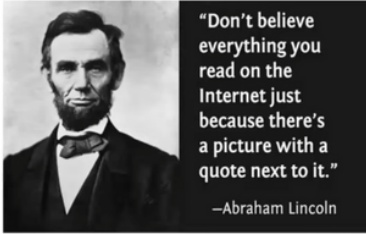
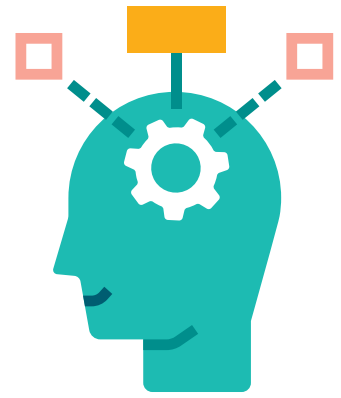
R
RELEVANT

Why is my goal important to me?

T
TIMELY

What is my deadline for this goal?

Critical Thinking



What are you being asked to believe?

STOP and THINK!

1. How Do You Know This? ...
2. How Would Your Perspective Be Different If You Were on the Opposing Side? ...
3. How would you be able to solve this problem? ...
4. Do You Agree or Disagree — and Why? ...
5. Why? ...
6. How Could We Avoid This Problem in the Future? ...
7. Why Does It Matter? ...
8. What's Another Way to Look at This Issue?
9. Why did you ask that question?
10. Who will be affected by this?
11. What can this teach us about our own lives?
12. Why is that a problem?

Presenting your findings.

Could you make your point: My name is X, and I am for/against the idea/motion that "this house thinks this to be true/false.

Could you explain your point: I am for/ against the motion/idea because.....

Consider the following:

- People/housing/education/green space/emotions.
- How things have changed over time
- How much it costs/are jobs affected
- Arguments/conflicts
- Who made/makes the decisions and rules?
- What is right/wrong?

Evidence: Facts/figures/quotes/news reports/case studies that support my point include... and consequently... You may even add a question here if you don't mind. **Link back to the**

question:

Link: Therefore, I believe that.....

Challenge: Which points from the other terms do I wish to disprove or questions in the open debate? What will they be arguing?

Reflection: How did the debate go? What do you wish you did differently? what were your successes? ...

Practise your critical thinking and debate skills!

DEBATE

Using your research, communication and problem-solving skills present your arguments for and against one of the topics below:

- Zoos are cruel; should all animals be released into the wild?
- Do footballers get paid too much?
- Is homework necessary or a waste of time?

As part of your social action journey, you will be focusing on your teamwork, communication, problem-solving and reflection skills.

To what extent do you agree or disagree with the following statements?



	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
I can set targets using SMART targets.					
I can identify relevant information from extended explanations or presentations when solving problems.					
I can identify implicit and inferred meaning in texts.					
I can follow an argument, identify different points of view, and distinguish facts from opinions.					
I understand the process of solving problems.					
I can solve a problem as part of a team and independently when required.					
I can present information and recognise that other people will have different opinions and views					
When communicating, I can apply the PEEL method.					
I have the confidence to work with others and adapt to the situation					



Self Review

Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time. – **Thomas A. Edison, inventor**

A

Achieved

Things I have achieved/
I am proud of:

L

Lessons Learnt

Important lessons I
have learnt

I

Improve

Things I can improve

R

Remember

What I need to remember



Stage 3 is the "planning stage". This involves building on the skills you have learnt, working as a group and building your confidence as a team.

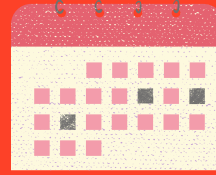
You will then need more research and create a detailed plan for your chosen social action project.



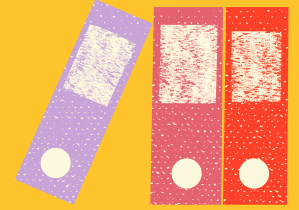
7 Ways to get more Done in your day



Plan your tasks ahead on a calendar so you can be prepared.



Get organised from the outset - both online & offline.



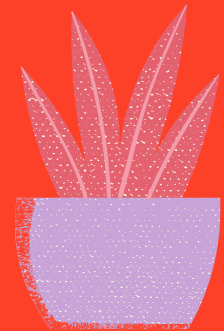
Work in batches of time, focusing on one thing.



Work on 3 priority tasks every day vs a long to-do list.



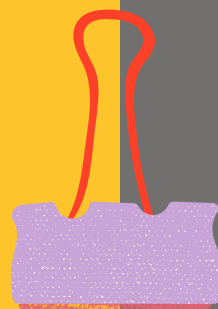
Create a calm, fun environment for creativity.



Get up early for a "power hour" while the house is quiet.



Take regular breaks to rest and re-set so that you work productively.



Monthly Planner

Month :

MON.

TUE.

WED,

THUR.

FRI.

SAT.

SUN.

Monthly Planner

Month :

MON.

TUE.

WED,

THUR.

FRI.

SAT.

SUN.

Monthly Planner

Month :

MON.

TUE.

WED,

THUR.

FRI.

SAT.

SUN.

Monthly Planner

Month :

MON. TUE. WED, THUR. FRI. SAT. SUN.

List your 3 priority tasks

Date



Date



Date



Date



Date



Date



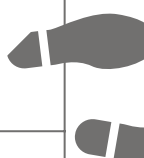
Use this space to make notes on your plan for Youth Social Action



My Goals






Before starting the project, please set yourself the goals you would like to achieve at the next stage.

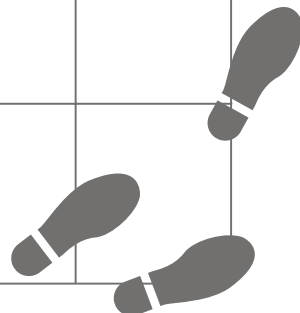
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<p>T TIMELY</p> <p>What is my deadline for this goal?</p>	



As part of your social action journey, you will be focusing on your teamwork, communication, problem-solving and reflection skills.

To what extent do you agree or disagree with the following statements?

	 Strongly disagree	 Disagree	 Neither agree or disagree	 Agree	 Strongly agree
My team has a common goal for the project.					
As a team, we were able to accept responsibility as individuals and as a team.					
I have the confidence to work with others and adapt to the situation.					
When speaking, I can: <ul style="list-style-type: none"> • Use strategies to remain calm – Breathing exercises. • Be aware of my body language. • Use different mediums to engage listeners. • Keep a suitable pace. 					
I can communicate information, ideas and opinions clearly and effectively using a range of different mediums					
I can solve a problem as part of a team and independently when required.					
I can use various reference materials and appropriate resources for different purposes.					
I have the confidence to work with others and adapt to the situation					





Self Review

Start where you are. Use what you have. Do what you can. – **Arthur Ashe, tennis star**

A

Achieved

Things I have achieved/
I am proud of:

L

Lessons Learnt

Important lessons I
have learnt

I

Improve

Things I can improve

R

Remember

What I need to remember



4. Act

It's the moment we have been waiting for.....
Time for you to deliver your social action plan.

Adapt any strategies if needed and most importantly enjoy delivering your project.

"Talent wins games, but teamwork and intelligence win championships." – **Michael Jordan**



Set a timer for one minute. Sit cross-legged on the floor, in a chair, or outside in the grass and breathe in and out deeply (without talking) until the timer goes off. Pay close attention to any sounds you hear around you or any sensations felt in your body. Just notice. If your mind wanders, pull it back to the breath.

My Goals



Before starting the project, please set yourself the goals you would like to achieve at the next stage.

S
SPECIFIC

What do I want to happen?

M
MEASURABLE

How will I know when I have achieved my goal?

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ATTAINABLE

Is the goal realistic and how will I accomplish it?

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RELEVANT

Why is my goal important to me?

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TIMELY

What is my deadline for this goal?

As part of your social action journey, you will be focusing on your teamwork, communication, problem-solving and reflection skills.

To what extent do you agree or disagree with the following statements?



	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
I am confident working with other students as part of a team.					
I can follow an argument, identify different points of view, and distinguish facts from opinions.					
I can respond effectively to detailed or extended questions and feedback					
I can interject and redirect discussions using appropriate language					
I can use different language suited to the audience and purpose (Persuasive, supporting evidence)					
Our team worked well together by ensuring we: Listen Respect and Trust each other					
I can use various reference materials and appropriate resources for different purposes.					

Self Review



The difference between a stumbling block and a stepping stone is how high you raise your foot. - **Benny Lewis, author**

<p>A Achieved</p> <p>Things I have achieved/ I am proud of:</p>	
<p>L Lessons Learnt</p> <p>Important lessons I have learnt</p>	
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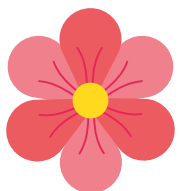


5. Reflect

You have come to the end of your Youth Social Action Journey for this project. Well done!!

1. Let's "reflect"...
2. Celebrate your success...
3. And find another issue you can work on.

"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful." – **Mother Teresa**



The Flower Breath: Imagine smelling a flower. Breathe in through your nose, out through your mouth.

Use this review page to reflect on what you have learnt as part of your Youth Social Action project so far.



1: How do you feel about the project so far? (please circle the appropriate emoji)



Not at all
confident



Slightly
confident



Somewhat
confident



Fairly confident



Completely
confident

2: What did you enjoy the most about Youth Social Action?






3: What can be improved about the #WeWill project?

4: What have you learnt by taking part in Youth Social Action?

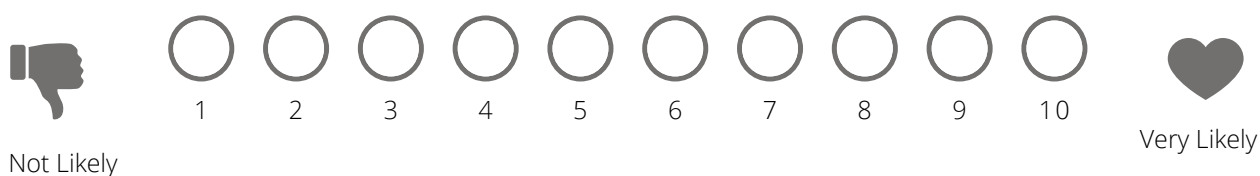
5: How can we encourage other people to take part in social action projects?

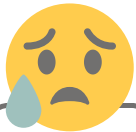



6: How will you continue to support social action projects?

How do you feel about these skills now that you have finished your social action project?

	 Not at all confident	 Slightly confident	 Somewhat confident	 Fairly confident	 Completely confident
How would you rate your communication skills?					
How would you rate your problem-solving skills?					
How would you rate your teamwork skills?					
How would you rate your reflection skills?					

How likely are you to take part in new social action projects?



				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Not at all confident	Slightly confident	Somewhat confident	Fairly confident	Completely confident

You can only become truly accomplished at something you love. – **Maya Angelou, author**

My Goals

Now that you are at the end of the project, please set yourself the goals you would like to achieve next:

My **previous goals**

S
SPECIFIC

What do I want to happen?

M
MEASUREABLE

How will I know when I have achieved my goal?

A
ATTAINABLE

Is the goal realistic and how will I accomplish it?

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What is my deadline for this goal?

You can only become truly accomplished at something you love. –

Maya Angelou, author

PUBLIC SPEAKING TIPS & TRICKS

PREPARE, PREPARE, PREPARE!

- Palm cards
- Props
- Photo slideshow
- Memorise

STAND UP STRAIGHT AND TALL

This makes you look confident, and helps project your voice to improve clarity.

Project your
voice to the back
of the room.

SPEAK WITH EXPRESSION

- Smile when you talk!
- Mix up your tone, pitch and volume.
- Use humour.

CONSIDER YOUR PACE

Not too fast, not too slow!



Use lots of
eye contact.



Imagine yourself being confident!



Interview Questions



Excellent communication skills are essential for success in everyday life. Therefore, employers seek employees who can get along with others and communicate well verbally and non-verbally. In addition, some college and university skills require you to demonstrate excellent communication skills at the application stage.

How do you handle stress and pressure?

What are you passionate about?

Give examples of your teamwork throughout your YSA project?

How would your classmate describe your personality?

How have you worked well with other people?

What major challenges and problems have you faced? How did you handle them?

How would you describe yourself?

Describe a difficult situation you faced during the YSA and how you overcame it?



TEAMWORK

We are a team



we respect each other

we take risks



we try our best

we learn from mistakes



we celebrate

Problem Solving

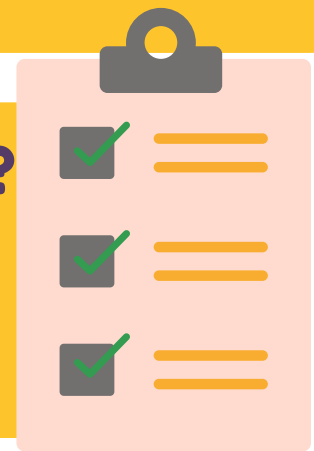


What is your question?

Explore the issue or cause area fully.

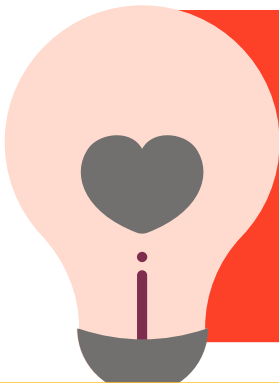
How to explore the topic?

Think about the resources you may need—
What does the research tell us?



Solve

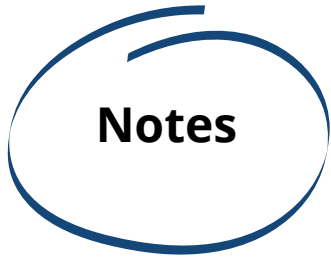
Carry out the plan you created.

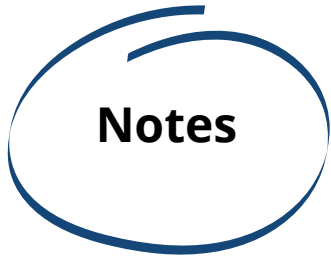


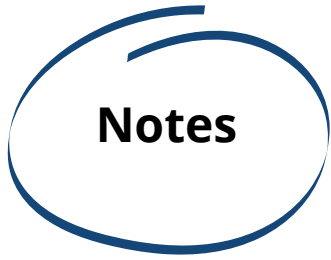
Check

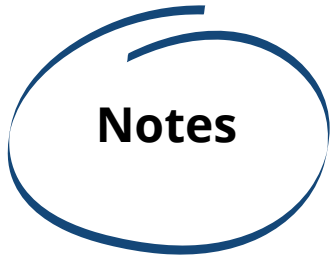
Look back and reflect. What worked and what didn't?











Proudly supporting
youth social action



Department for
Digital, Culture
Media & Sport



 Ormiston Trust
Improving life chances



Ormiston Trust

Improving life chances

